

Writing Prompt: Write a Letter Explaining Your Most Favorite Food or Meal
by Veera Hiranandani, author of *The Night Diary*

In *The Night Diary*, Nisha often writes about cooking and food as a place of comfort for her. She uses many sensory details in her descriptions so the reader will know how the food looks, how it smells, how it tastes, how it feels to prepare, or how it sounds when it's cooking.

For this exercise, write a letter to someone explaining your most favorite food or meal. Try to use as many sensory details as you can to describe it to the person you are writing to.

Make them hungry and have fun!